

Word Search

F	R	P	U	S	U	N	E	V	E	S	S	A
I	I	S	P	N	S	H	N	O	L	G	E	S
S	P	T	P	O	E	S	T	H	G	I	N	H
H	E	A	E	S	T	E	L	P	R	F	O	E
E	V	E	R	R	H	L	H	A	A	Y	T	S
S	U	M	M	E	R	F	R	U	I	T	S	T
D	O	E	O	P	E	A	R	L	N	H	T	E
R	I	K	S	Y	E	L	R	A	B	G	N	K
I	L	A	T	T	D	L	C	B	R	U	E	S
B	E	B	B	N	A	O	O	A	O	A	M	A
E	D	A	R	E	F	A	W	N	K	N	G	B
T	B	S	E	V	A	O	L	N	E	E	A	R
I	R	H	A	E	O	N	L	N	N	R	R	E
H	E	A	D	S	L	I	A	E	V	I	F	E
W	A	N	D	E	R	A	W	H	I	T	E	R
A	D	D	E	N	E	V	A	E	L	N	U	T
R	I	V	E	R	I	N	K	L	E	E	S	I
M	N	A	S	O	N	S	E	L	T	T	E	N
Y	E	N	O	C	S	O	D	I	A	L	D	N

NAUGHTY FIGS SUMMER FRUITS SEVENTY PERSONS ADD HEW
 OILED BREAD BAKEMEATS UPPERMOST UNLEAVENED BROKEN
 BARLEY FISHES WAFER LOAVES SELF CAKE FLESH WARM
 BREAD WHITE WANDER DOWN LABAN DARE THREE BIRDS
 FRAGMENTS REEL PAUL SEVEN HAND BIRDS WHITER ERR
 TREE GIN BASKETS ADIN ASHES MNASON STONES EGLON
 SETH GRAIN EDAR BASHAN WILL RAW PEARL TENT DINE
 HEADS NIGHT COW FALL FADE RIVER USE SUP NETTLES RIPE
 TIRE FIVE LOAF RUE EVE SEED EAR ATE AWAKED LET USED
 SUN HELL VILE ASS TIN CORN REINS CONEY INK ILL ATE
 ARMY VINE LAID SOD INN LEES NER WAR

Answers to 12 gems in Word Search - Jasper; Sapphire; Chalcedony; Emerald;
 Sardonyx; Sardius; Chrysolyte; Beryl; Topaz; Chrysoprasus; Jacinth; Amethyst.

Answer to twelve mountains mentioned in the Old Testament. Moriah Ararat
 Sinai Hor Tabor Hermon Ebal Baalah Olives Nebo Ephron Seir

Answers to prayer warriors?

AAHHNN – Hannah LMNOOOS- Solomon ADEILN – Daniel AANN - Anna

CONNECT

Oldham Seventh-Day Adventist Church

Filling The Gap

June 2020



Run, Run, Run!

And the children of Dan said unto him, Let not thy voice be heard among us, lest angry fellows run upon thee, and thou lose thy life, with the lives of thy household. Judges 18:25

We had been playing hard all day, and you know how it goes endorphins (endorphins are the happy or silly hormones) build and the playing became more and more boisterous until a fight broke out. Of course, we should have known better and we had been warned but things got out of hand. Mum was tired. She had worked long and hard all day and the last thing she needed were children who just weren't listening.

Without announcement Mum arrived in the middle of the fight. We didn't see her coming but there she was like the incredible hulk, angry, but not green. The time for the fight to finish had come, and we knew what was about to happen. Mum extended her usual invitation which I had decided there was no way I was going to accept.

"Put your hand in mine".

With that invitation there were always two ways to react. The first was the fall to the ground, wail confess foolish behaviour and beg for forgiveness. The other course of action the one I chose, was to run and run hard. Stifle the fear, think past the heart beating out of my chest with fear and run, for my life.

We weren't often in trouble but the chastisements we received were designed so they would live in our memories and remind us of consequences. I had decided that we should practice the run. The technique was to run down the corridor as fast as possible, then at a precise stride throw out the left hand and take hold of the banister. The momentum of the run would propel the runner up the first three steps of the flight of stairs and hopefully, truly hopefully, just out of reach of the more than angry Mum.

Mum was a fantastic runner and tired or not she could outrun me most of the time, this was why practice was imperative.

I ran fast but I could sense she was just behind me. I threw out my left hand but missed the banister, my heart was beating very, very, hard and I had nowhere to turn, through the front door was my only chance of escape.

I was amazed, I pounced on the door, I don't even remember turning the lock but the next thing I knew I was outside across the road and still running, running, running hard.

I had not made any plans for what to do if the banister spin failed and now, here I was running down the road. It was a warm day and the neighbours were outside partying. Then there was a shout from the man next door with great gusto and amusement to the crowd he said.

Go Mary Go!

That shout multiplied my trouble more than 100 times.

I was still running when I glanced over my shoulder in time to see Mum stop, turn and walk back towards the house like she had just stepped out for fresh air. I carried on running until I turned the corner, my legs almost buckled so I slowed down to a walk. I stood still. Breathed deeply then panted to control the fear.

What was going to happen next? Where could I go? Most importantly, how could I get back in the house without the consequences that were sure to come my way?

I slowly walked back towards home, I turned the corner and heard the partying neighbours shout out something, but I wasn't interested in what they were saying. They were going to scupper my sneaky return home. I ignored them and walked a little faster my heart began beating faster and louder.

I don't really remember what happened next, but I do know that when I got home, I went straight upstairs and hid in the wardrobe then a bit later I went to bed. Mum didn't give me an invitation, but I got the long sermon without actions.

What are the lessons here?

Be aware the Devil is always on hand to lead you astray. Obey, it is less painful. Practice does not always make perfect, but it helps. Always plan because things can go wrong? You just might miss the banister.

Proverbs 4:12 When thou goest, thy steps shall not be straitened; and when thou runnest, thou shalt not stumble.

Hello everyone

I think it is sometimes worth repeating yourself, so I am not making any excuses for doing so. In the last health programme in March, we had a brief look at what the Bible tells us of man's original diet, what our diet should be now and what our diet in heaven will be.

The other day I came across a story that I would like to share with you. It is about a man, Thomas Parr, who was born in the year 1483 and is said to have lived to be an incredible 152 years old. We are told that in the year 1635 King Charles the first invited Thomas Parr to his palace to inquire into his amazingly long life. Mr Parr answered that he lived a simple life as a farmer eating mostly potatoes, fruit and oatmeal.

Unfortunately, Mr Parr, unaccustomed to the rich foods served at the palace, after dinning there, became extremely ill that night and died. Hearing of Mr Parr's fate, the king blamed himself for killing Britain's oldest citizen with royal delicacies and commanded that Thomas Parr be buried in Westminster Abbey where his grave can still be seen today.

This story, although it reminds me of the story of Daniel and his friends, it is more like the opposite side of the same coin. Daniel was a young

man when he "purposed in his heart that he would not defile himself with the portion of the king's meat, nor with the wine which he drank:" found in Daniel chapter 1 verse 8.

Thomas Parr on the other hand was an extremely old man and his eating of the king's delicacies caused his death. It could be that Mr Parr's lifelong simple diet was coincidental, due to environment and habit rather than being based on sound teachings and firm beliefs as was Daniel's.

In her writings Ellen G. White promotes a diet of plain food prepared in the simplest manner, we are advised to stay away from a rich more complex stimulating diet. She also attributes "Daniel's clearness of mind and firmness of purpose, his strength of intellect" all to the plainness of his diet in connection with his life of prayer. - Testimonies for the Church.

Sister White says," Many have inquired of me, What course shall I take best to preserve my health? My answer is, Cease to transgress the laws of your being; cease to gratify a depraved appetite, eat simple food, dress healthfully, which will require modest simplicity, work healthfully, and you will not be sick." - The Health Reformer, August 1866. What more could I add, they are all three saying the same thing.

Seven F's from God

He is our:	Father	- Galatians 4: 6
	Friend	- John 15: 13 & 14
He is:	Faithfull	- Deuteronomy 7:
	Forgiving	- Ephesians 4: 32
He:	Fights for us	- Exodus 14: 14
	Feeds us	- Ezekiel 34: 15
	Fellowships with us	- 1 John 1: 3

Puppies For Sale

A farmer had some puppies he needed to sell. He painted a sign advertising the pups and nailed it to a post at the edge of his yard. As he was driving in the last nail he felt a tug on his overalls and looked down into the eyes of a little boy.

'Mister' he said 'I want to buy one of your puppies'

'Well,' said the farmer, 'these puppies come from fine parents and cost a good deal of money.'

The boy dropped his head for a moment. Then reaching deep into his pocket, he pulled out a handful of change and held it up to the farmer. 'I've got thirty-nine cents. Is that enough to take a look?'

'sure', said the farmer. And he let out a whistle. 'Here, Dolly!' he called.

Out from the doghouse and down the ramp ran Dolly followed by four little balls of fur. The little boy pressed his face against the chain link fence, his eyes dancing with delight.

As the dogs made their way to the fence, the little boy noticed something else stirring inside the doghouse. Slowly another little ball appeared; this one noticeably smaller.

Down the ramp it slid. Then in a somewhat awkward manner the little pup began hobbling toward the others, doing its best to catch up.....

'I want that one,' The little boy said pointing to the runt.

The farmer knelt down at the boy's side and said:

'Son, you don't want that puppy. He will never be able to run and play with you like these other dogs would.'

With that the little boy stepped back from the fence, reached down, and began rolling up one leg of his trousers. As he rolled he revealed.

a steel brace down both sides of his leg and attached to a special shoe. Looking up at the farmer he said: 'You see sir, I don't run too well myself, and he will need someone who understands.'

The moral of this story is clear are you going to go through life like the farmer only valuing the perfect, or will you be like the little boy and be the one who understands?

Prayer Ministries – Text in songs

I will lift up mine eyes to the hills from whence cometh my help, My help cometh from the Lord, The Lord which made heaven and the earth. (Psalm 121)

Pause: In this world full of snares and tares, we only understand the cares and tears, may our eyes look up to Jesus our present help in time of trouble,

The Lord of hosts is with us, the God of Jacob is our refuge. (Psa 46)

Pause: Has there been a time in your life when you felt like a tortoise is the safest creature on earth? Well rest assured that our heavenly Father, our God who is also the God of Jacob, is our refuge.

Lift up Jesus, lift up Jesus, lift up Jesus, just lift Him up!

Lift Him up! Lift Him up!

Oh! lift Him up! (John 12:32)

Pause: Are we not all amazed by how each mouth is confessing about this new "name"? For the past few months every mouth is talking about only this one thing. Isn't it strange that even from the mouth of babies this name is known? If only the world could lift the name of Jesus above all names, He would have drawn all men to Him.

LIFT UP JESUS!

A dose of humility with a happy ending

We all like to read stories that have a happy ending and Daniel chapter 4 is a good example of this that needs to be read. This chapter is the personal testimony of Nebuchadnezzar.

This chapter was written by Nebuchadnezzar who wrote to all the nations and language groups. In the first few verses (Daniel 4:1-4) he testified that God was great, mighty, good and had an everlasting kingdom. We can learn from these verses that before talking about ourselves we should always talk about God first. (Matthew 6:33)

In the next part of the chapter Nebuchadnezzar wrote about a significant dream he had, that made him afraid. He told the wise men the dream but none of them could interpret it. He then told Daniel (who he had renamed Belshazzar after one of his gods) the dream. From this section we can learn that our name does not have to determine or influence our behaviour. Secondly Daniel lived a consistent life and had a good character. We know this because Nebuchadnezzar said that he had the spirit of the gods within him, which was a complement from the king. We also should live good lives like Daniel regardless of our surroundings. (Romans 12:2)

The dream was about a large tree in the middle of the earth, which grew up to heaven. It was beautiful and had much fruit and provided shelter and food for all. In the dream a holy one came down from heaven and cried cut down the tree, cut off the branches, shake off the leaves and scatter the fruit. The stump was to be left in the ground with an iron and brass band around it. Eventually an astonished Daniel gave Nebuchadnezzar the interpretation of the dream. The dream prophesied God's judgement on Nebuchadnezzar if he did not change his ways, repent of his sins and show mercy to the poor.

After approximately one-year Nebuchadnezzar still had not heeded the warning or changed his ways. In fact, he was still proud and bragged about how he had by his own might and power built Babylon and the great empire.

As had been foretold in the dream a voice from Heaven told him the kingdom was being taken away from him. He lost

his sense of reasoning and was driven away. He lived in the fields and ate grass like an ox with the animals for seven years. After this time, he regained his sense and his kingdom. He also testified of God's truth and judgement.

So, what did Nebuchadnezzar learn, from this experience that is also applicable to us? The answer is found in Proverbs 16:18, "Pride goes before destruction, and a haughty spirit before a fall" (NKJV). The biggest lesson of all is that God is merciful. Even though Nebuchadnezzar was disobedient God did everything possible to lead him to change his ways just as He does for us. (2 Pet. 3:9 KJV)

Did You Know....

1. Methuselah was Noah's grandfather
2. Lamech Methuselah's son was Noah's father
3. Lamech died five years before the start of the Flood
4. Methuselah died five years after Lamech
5. Noah was 600 years old when the flood began
6. It is possible that Methuselah and Lamech helped to build the Ark
7. Noah was the tenth generation from Creation

My name is Darren

My favourite story is about Noah as he was always obedient to God. Like when God had to he asked Noah to build an ark to protect his family and all the animals. The animals went into the ark as well male and female. Without question Noah did exactly as God said.

Here is a verse to tell how much God loves us so that we know and rely on the love God has for us.

God is love, whoever lives in love, lives in God and God in them.
1 John 4: 16

Lockdown in an Unusual Place - By Gugu

While we are in lockdown we should remember that God loves us and is doing everything for a reason. So I am going to tell you a story from the Bible of a family that got locked-down in an unusual place. And, it starts like this: Adam and Eve had sons, and their sons had sons, and the sons of the sons had sons. By this time there were many people in the world.

God was watching them and he saw them hurting each other, being selfish, and not obeying him. However, in all this, God saw Noah was an upright man. God said, "I want to do something to punish the people who are not being faithful to me, but I want to spare Noah and his family." After much thought, God decided to flood the world, so he could start again. The flood would soon get rid of everything that lived.

Before God brought in the flood, he told Noah how to build the ark. He told him the length of it (300 cubits), the width (50 cubits), and how many storeys it was supposed to have (three).

God said that Noah should listen and that when the ark is finished he wanted Noah to get two of every unclean animal and bird and get seven of every clean animal and bird and then you, your wife, your sons, and their wives, and put them all into the ark.

Noah did just as the Lord commanded, and the ark was built. A week after the animals and all Noah's sons and wives had got into the boat, the Bible says that ' In the six hundredth year of Noah's life, in the second month, the seventeenth day of the month, on that day all the fountains of the great deep were broken up, and the windows of heaven were opened. '

It rained for forty days and nights. All the ground was covered with water, and even the trees and highest mountains were covered.

The ark sailed on. It bounced up and down a bit in the rough sea, but all the animals, all the birds, all the family, and even Noah were safe inside. But they prayed to thank God that their lives were spared.

After a while, the rain stopped, and sunlight started to shine through the windows. Noah knew it was time to find out if the water had gone down.

After a year of long waiting, the water had gone down enough for some land to appear, so he left it a few more days and then opened the door of the ark. All the animals ran out on to the dry land; the horses galloping about, the kangaroos jumping up and down, and the lions growling happily.

But Noah and his family did something different they built an altar to give thanks to God.

God spoke to Noah and he said: "I promise I won't flood the world again and my sign is a rainbow."

God went away again, leaving a lovely rainbow to show that he was going to keep his promise, to never flood the world again.

The lesson from this story is that no matter how long we stay in lockdown that God is always with us.

The End

Hello My name is Gabby

My favourite Bible story is Noah. In the story God told Noah to build an ark. So Noah build an ark. He tried to let the people in but they would not come in only his family and the animals. When the door was closed it started to rain.

It rained so much that a flood fell on the village. After 40 days and 40 nights the flood went down. The rain stopped. They all went out and lived a good life.

God put a colourful rainbow in the sky. It was a promise that He will never ever fill the earth with a flood again.

My favourite bible verse is John 3 verse 16.

Children's page

Below is an easy and fun way to remember some of the things that happened in the Bible

The Bible in 50 Words

<i>God made.</i>	Jacob fooled.	Pharaoh plagued.
<i>Adam bit.</i>	Joseph ruled.	People walked.
<i>Noah arked.</i>	Bush talked.	Sea divided.
<i>Abraham split.</i>	Moses balked.	Tablets guided

Promise landed.	Prophets warned.	Anger crucified.
Saul freaked.	Jesus born.	Hope died.
David peeked	God walked.	Love rose
	Love talked	

Spirit flamed.
Word spread.
God remained.



Feeding The 5,000

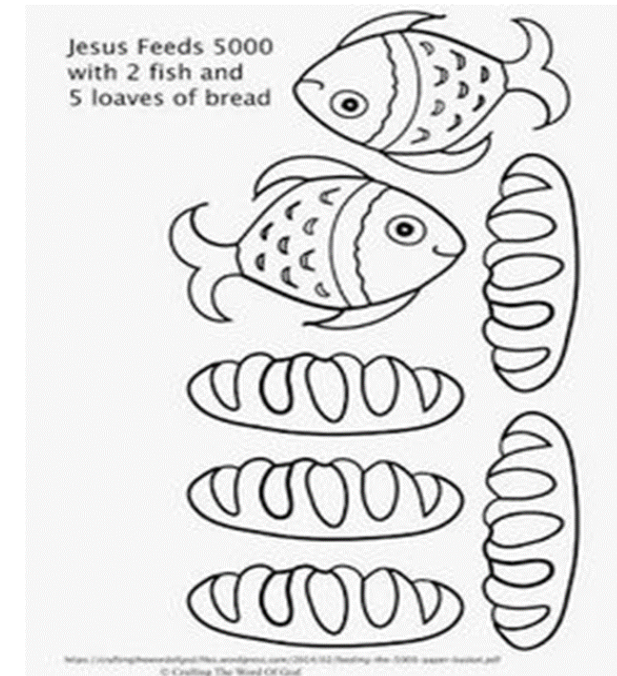
Instructions

1. Colour and cut out each piece.
2. Glue the fish and loaves behind the basket in a random order.
3. Glue the whole thing onto a piece of construction paper or cardstock.
4. Cut out the whole figure.

Your children can write the memory verse on the back.

Memory Verse “

Do not forget . . . to share with others” (Hebrews 13:16, NIV).



Sing this song to the tune of “Mary Had a Little Lamb”:

Jesus shares His food with us,
Food with us, Food with us.
Jesus shares His food with us.
Thank You, Jesus.

We can share our food with
friends,
Food with friends, Food with
friends.
We can share our food with
friends.
We love Jesus.